What is claimed is:

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1. A computer program for a controlling apparatus,
executing the procedures of:

monitoring a frequency of communications from said controlling apparatus to the outside; and

detecting computer virus infection at the controlling apparatus by means of comparing the monitored frequency of communications with a preset threshold value.

- 2. A computer program of claim 1, wherein a procedure of monitoring includes a procedure of monitoring a frequency of communications from said controlling apparatus to a plurality of external devices.
 - 3. A computer program of claim 1, wherein said procedure of monitoring includes a procedure of monitoring a frequency of communications to a specific destination port.
 - 4. A computer program of claim 1 further executing the procedure of causing an image forming apparatus controlled by said controlling apparatus to print out a warning content when computer virus infection is detected.
- 5. A computer program of claim 1, wherein said procedure of monitoring includes a procedure of monitoring a number of packets transmitted from said controlling apparatus in a unit time period.
 - 6. A computer program of claim 1, wherein said procedure

of monitoring includes a procedure of monitoring a number of packets that are associated with a specific destination port number and transmitted from said controlling apparatus in a unit time period.

- 7. A computer program of claim 1, wherein said procedure of monitoring includes a procedure of monitoring a frequency of connection request packets transmitted from said controlling apparatus.
- 8. A computer program of claim 1, wherein said procedure of monitoring includes a procedure of monitoring a frequency of connection request packets that are associated with a specific destination port number and transmitted from said controlling apparatus.
- 9. A computer program of claim 1, wherein said controllingapparatus is a controller for controlling an image forming apparatus.
 - 10. A controlling apparatus comprising:

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a monitor for monitoring a frequency of communications from said controlling apparatus to the outside; and

- a detector for detecting computer virus infection at said controlling apparatus by means of comparing the monitored frequency of communications with a preset threshold value.
- 11. A controlling apparatus of claim 10, wherein said monitor monitors a frequency of communications from said

controlling apparatus to a plurality of external devices.

- 12. A controlling apparatus of claim 10, wherein said monitor monitors a frequency of communications to a specified destination port.
- 13. A controlling apparatus of claim 10, wherein said monitor monitors a number of packets transmitted from said controlling apparatus in a unit time period.
 - 14. A controlling apparatus of claim 10, wherein said monitor monitors a number of packets associated with a specific destination port number and transmitted from said controlling apparatus in a unit time period.

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- 15. A controlling apparatus of claim 10, wherein said monitor monitors a frequency of connection request packets transmitted from said controlling apparatus.
- 16. A controlling apparatus of claim 10, wherein said monitor monitors a frequency of connection request packets that are associated with a specific destination port number and transmitted from said controlling apparatus.
- 17. A controlling apparatus of claim 10 is a controller 20 for controlling an image forming apparatus.
 - 18. A controlling apparatus of claim 10 further comprising a control unit for an image forming apparatus, wherein said control unit causes said image forming apparatus to print out a warning content when computer virus infection

is detected.

19. A controlling method used in a controlling apparatus, comprising the steps of:

monitoring frequency of communications from said controlling apparatus to the outside; and

detecting computer virus infection at the controlling apparatus by means of comparing the monitored frequency of communications with a preset threshold value.